



# ST ANDREW'S C of E INFANT SCHOOL

WOODLEA ROAD  
LEYLAND  
PR25 1JL



## Our PSHRE Curriculum

'Calm mind brings inner strength and self-confidence, so that's very important for good health' – Dalai Lama

### **Intent**

PSHRE enables our children to become healthy, independent and responsible members of society. Our PSHRE curriculum aims to help all children understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

At St Andrew's our aim is to plan for a PSHRE curriculum that engages, excites and empowers our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. We have designed a PSHRE curriculum that reflects the needs of our children and:

- Is progressive in skills and knowledge, built upon prior knowledge.
- Provides relevant and stimulating learning experiences where confidence is developed to share their own thoughts and opinions with others.
- Develop interpersonal skills and attributes to keep themselves healthy and safe
- Develop an attitude of a responsible global citizen.
- To show tolerance of others beliefs, religions and life choices by promoting diversity and inclusion.
- To build positive, respectful relationships with other people.
- Key vocabulary is at the heart of excellent teaching practice.
- Develops effective and successful communicators of the future.

### **Implementation**

At St Andrew's C of E Infant School, PSHRE is taught using a spiral and progressive scheme of work in line with the National Curriculum. We ensure to cover the Health and Well-Being, Relationships and Living in the Wider World learning opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.



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- All pupils have a weekly timetabled PSHE lesson.
- Medium term planning is given to staff, which has been developed and adapted by the PSHRE lead in guidance with The PSHE Association to meet the needs of our pupils.
- PSHRE; including the Spiritual, Moral, Social and Cultural and British Values, is an integral part of the whole school curriculum, and is therefore often taught within other subject areas such as science, PE, computing and RE.
- All teaching staff have social emotional training and strategies and techniques are being implemented across school to develop the children's emotional resilience.
- Visitors such as emergency services and dentists enrich and complement our PSHRE curriculum to offer additional learning.
- Assemblies and awareness days are planned to cover any additional sessions that would benefit the whole school.
- Each topic and lesson content is taught carefully and sensitively.

## Impact

We firmly believe that a meaningful PSHRE curriculum is the key to children becoming confident, tolerant and well-rounded adults.

By the time our children leave our school they will:

- Be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life.
- Be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society.
- Appreciate difference and diversity.
- Recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.
- Be able to understand and manage their emotions.
- Be able to look after their mental health and well-being.
- Be able to develop positive, healthy relationship with their peers both now and in the future.
- Have respect for themselves, others and the environment.
- From exposure to a range of global issues and problems, children can build up tolerance and a sense of responsibility of being a global citizen.
- Have positive self-esteem and set high aspirations for themselves.