



Learning, Caring and Growing Together in Faith

St Andrew's C of E Infant School

PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS Fine Motor	Pen disco Dressing and undressing Using a knife and fork Cutting and sticking Pouring and stirring	Fine motor workshop Pen disco Threading and sewing Using a knife and fork Drawing and colouring Pen disco	Pen disco Fine motor workshop Daily handwriting practice Using a range of tools	Fine motor workshop Daily handwriting practice Using a range of tools	Fine motor workshop Daily handwriting practice Using a range of tools	Fine motor workshop Daily handwriting practice Using a range of tools
EYFS Gross Motor	EYFS – Fundamental Movement Skills Beam	EYFS – FMS – How to Catch a Star Beam	EYFS – FMS - Castles Beam	EYFS – FMS – Hungry Caterpillar	EYFS – FMS – Mini Beasts OR Superworm	EYFS – FMS - Seaside
	Outdoor FMS stations	Outdoor FMS stations	Outdoor FMS stations	Outdoor FMS stations	Outdoor FMS stations	Outdoor FMS stations
Outdoor Daily Physical Play						
Year 1	Year 1 FMS Baseline Unit – Supertato Year 1 FMS – Rolling a Ball	KS1 – Y1 Dance – Fire Fire	Year 1 FMS – Underarm Throw Year 1 Gymnastics Activities 1	KS1 – Y1 Dance – Three Little Pigs Year 1 FMS – Overarm Throw	KS1 FMS – Tri Golf Year 2 – Games – Net and Wall	KS1 – Y1 Athletics / Sports Day Activities Year 1 FMS – Catching and Bouncing a Ball
Year 2	KS1 – Y2 Dance – Explorers KS1 – Y2 FMS Playground games in the 20 th Century	Year 2 Gymnastics Activities 1	KS1 - Year 2 Dance – Moving Along KS1 – Y2 FMS Bounce Ball	KS1 FMS and Gym – Jack and the Beanstalk Year 2 – OAA – The Great Outdoors	Year 2 – Games – Striking and Fielding KS1 FMS – Kicking Unit	Year 2 FMS end of KS1 Assessment KS1 – Y2 Athletics / Sports Day Activities

'God is my strength, in whom I trust.' Psalm 18