

Design and Technology Year 1 Autumn 2

Preparing and Combining healthy food – fruit salad

Prior Learning:

Reception:

- Experience and describe the taste, smell, texture and feel of some foods linked to topics, celebrations and baking activities throughout the year.
- Through PSHE sessions explore healthy foods products and the need for a variety of foods.
- Select from a range of ingredients when completing baking activities.
- Experience weighing of ingredients, chopping and mixing.

Future Learning:

- Y2 healthy soup making

Final Outcome: To make a healthy fruit salad by preparing and combining food for the other Year 1 class to eat as a snack.



Key Vocabulary	Objectives <i>taken from Progression Document</i>	Key Knowledge
<p>cut peel chop taste smell texture hygiene measure design</p>	<p>Design</p> <ul style="list-style-type: none"> • Use pictures and words to convey what they want to design/make • Propose more than one idea for their product. • Select appropriate technique explaining: First... Next... Last... • Select pictures to help develop ideas • Use drawings to record ideas as they are developed. • Add notes to drawings to help explanations. 	<p>Children be able to identify some common fruit:</p> <ul style="list-style-type: none"> • apple • orange • banana • pear • grape • strawberry • kiwi • blueberry • melon

	<p>Make</p> <ul style="list-style-type: none"> • Discuss their work as it progresses. • Select fruit from a limited range that will meet the design criteria. • Select and name the tools including type of fruit needed. • Explain what they are making. • Name the tools they are using. • Describe what they need to do next. <p>Cooking and Nutrition: Preparing and combining foods</p> <ul style="list-style-type: none"> • Develop a food vocabulary using taste, smell, texture and feel. • Group familiar products e.g. different types of fruit • Cut, peel and chop a range of ingredients • Work safely and hygienically • Understand the need for a variety of foods in a diet <p>Evaluate</p> <ul style="list-style-type: none"> • Explore existing products and investigate how they have been made. • Talk about their design as they develop and identify good and bad points. • Say what they like and do not like about items they have made and begin to say why. • Discuss how closely their finished product meets their design criteria and how well it meets the needs of the user. 	<p>Children will know that a fruit salad is a cold dish.</p> <p>They will know a fruit salad is made up of small or cut-up fruit.</p> <p>They will know it is served as a dessert or first course.</p> <p>Fruit is a healthy food to eat.</p>
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